
PHYSIOTHERAPIST

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| Position Title: | Physiotherapist |
| Reporting to: | Operations Manager |
| Location: | Flaxton |
| Status: | Permanent |

The Organisation

Blackall Range Care Group Ltd. is a not-for-profit organization dedicated to delivering high-quality aged care and disability services in the Sunshine Coast region. Our services encompass:

- Personal care and domestic assistance
- Community access
- Nursing and allied health care
- Day centre activities
- Flexible respite options
- Home maintenance and modifications
- Transport services
- Provision of aids and equipment

We are committed to enhancing the well-being and independence of our clients through comprehensive and compassionate care.

Functions of the Role

This position is pivotal in improving the physical functioning and quality of life for our clients. The role involves assessing, treating, and rehabilitating clients with various age-related conditions, such as frailty, musculoskeletal issues, neurological impairments, and mobility limitations. The Physiotherapist collaborates with a multidisciplinary team to create person-centred care plans that promote independence, enhance mobility, and prevent functional decline.

Roles and Responsibilities

Organisation

- Works within the role and responsibilities for the position and complies with all organisational policies, regulations and standards, and the Code of Conduct.
- Maintains professional and technical knowledge by participating in training and development activities.
- Represents the organisation as the first point of contact via a range of communication methods.
- Contributes effectively to team effort by accomplishing related results as needed.
- Always maintains a high level of professionalism.

Duties and Tasks

- Conduct comprehensive assessments of clients' physical function, including mobility, balance, strength, pain management, and posture.
- Managing a wide variety of client presentations across various funding areas including Home Care Packages (HCP), Commonwealth Home Support Program (CHSP), and NDIS.

- Identify risk factors for falls, immobility, and other physical challenges, and develop tailored physiotherapy care plans.
- Work with clients, their families and care team to set realistic rehabilitation goals that enhance independence and mobility.
- Ensure that care plans are regularly reviewed and updated to reflect changes in the clients' condition and/or goals.
- Assess and manage clients' pain, including implementing strategies for pain relief that optimise mobility and quality of life.
- Provide evidence-based physiotherapy treatments and interventions to address functional decline, improve mobility, and enhance quality of life.
- Implement strength, flexibility, and coordination exercises to improve clients' function and prevent the risk of falls.
- Assist with the rehabilitation of clients recovering from surgery, illness, or injury, including post-stroke, post-fracture, or post-surgical rehabilitation.
- Educate clients', their families and care team on appropriate exercises and strategies to maintain functional mobility and prevent future health issues.
- Conduct falls risk assessments and implement falls prevention strategies, including balance and strength training, education, and environmental modifications.
- Recommend and prescribe appropriate mobility aids (e.g., walkers, canes, wheelchairs) and train clients and team members in their use.
- Assess and adjust the home environment to enhance mobility and reduce falls risks.
- Provide manual handling training to staff.

Other

- Ensures a strong customer service focus through responsive, effective customer engagement.
- Contributes effectively to organisational events and activities.
- Work closely with other health professionals (e.g., occupational therapists, nurses, doctors, dietitians) to ensure holistic care for clients.
- Actively participate in case conferences, multidisciplinary team meetings, and care reviews.
- Share expertise in physiotherapy with other team members through training and supervision, ensuring all team members understand the physiotherapy approach to care.
- Engage in ongoing professional development to stay up to date with best practice guidelines, treatment techniques, and regulatory changes in aged care.

Key Relationships

- Operations Manager
- Services Manager
- Care Services Team
- Nurses
- Team Members, Clients and Stakeholders

Key Selection Criteria

- Tertiary qualification in Physiotherapy.
- Current registration with the Australian Health Practitioner Regulation Agency (AHPRA).
- Ability to meet the requirements of Criminal History screening procedures.
- Current Drivers Licence.
- Current First Aid and CPR certificate.
- Experience working in an aged care setting, is highly desirable.
- Sound knowledge of aged care legislation, accreditation standards, and physiotherapy practices for older adults.
- Experience in assessing and managing conditions common in aged care, such as musculoskeletal issues, neurological disorders (e.g., stroke, Parkinson's), and post-surgical rehabilitation.
- Ability to develop and deliver individualised treatment plans based on evidence-based practices.